

Other Ingredients: Softgel (gelatin, glycerin, turmeric, sodium copper chlorophyllin), natural beeswax (yellow), pumpkin seed oil, soy lecithin.

The prostate gland, situated near the bladder, tends to increase volume with age. An enlarged prostate is common for men over 40 years and often results in the need for nocturnal urination; an advanced enlarged prostate can be painful. Several nutrients have been shown to maintain a healthy prostate and Prostana contains a variety of these.

Saw Palmetto, Pumpkin, Pygeum and Nettle - contain a selection of natural oils which help maintain a healthy prostate size.

Zinc and Selenium - the young prostate is the organ containing the highest concentration of zinc; supplementation with zinc and selenium has been shown to promote prostate health.

Plant Sterols - such as β -sitosterol and isoflavones stimulate prostate health via beneficial interactions with receptor proteins in the prostate.

Antioxidants - the well established vitamin E and lycopene, along with selenium, zinc and tea catechins promote prostate health and normal size through vigorous antioxidant activities.



Lyc-O-Mato® is a registered trademark of Lycored, Natural Product Industries, Ltd.

WE GUARANTEE OUR SUPPLEMENTS FOR POTENCY AND PURITY

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

AVAILABLE ONLY FROM HEALTH CARE PROFESSIONALS

**ANABOLIC
LABORATORIES**



**Professional
Formula**

Men's Health

PROSTANA

with Phytosterols

Dietary Supplement

Prostate Support

60 SOFTGELS



www.anaboliclabs.com

Manufactured by Anabolic Laboratories, LLC
1835 E Cheyenne Road Colorado Springs, CO 80905

DIRECTIONS FOR USE: Take two softgels daily with meals.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving	% Daily Value	
Total Calories 10		
Calories from Fat 10		
Total Fat	1 g	1%**
Vitamin E (as d-alpha tocopherol)	30 IU	100%
Zinc (from zinc picolinate)	15 mg	100%
Selenium (from L-selenomethionine)	60 mcg	86%
Pumpkin Seed Oil (cold pressed)	1,200 mg	*
Saw Palmetto (<i>Serenoa repens</i>) (berry)		
Standardized to 85-95% fatty acids and sterols	300 mg	*
Nettle (<i>Urtica dioica</i>) (root)	150 mg	*
Pygeum bark extract (<i>Prunus africana</i>)	100 mg	*
Phytosterols (44 mg from beta-sitosterol)	100 mg	*
Green tea extract		
Standardized to 95% polyphenols	100 mg	*
Soy isoflavones (non-GMO)	50 mg	*
Lycopene (Lyc-O-Mato®)	5 mg	*

* Daily Value not established.

** Percent Daily Value is based on a 2,000 calorie diet.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

KEEP OUT OF REACH OF CHILDREN.

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